

## **ATTENTION PATIENTS:**

**If you are here for a scheduled preventive medicine visit (i.e. well-visit, Prev Med, or yearly physical exam) this visit will be submitted as a preventive exam to your insurance. Depending on your health plan's policy, your insurance may or may not cover this visit. Not all insurance companies cover well visits; or, you may have a maximum annual cap for well benefits that is less than our charges.**

**If during the course of your preventive exam, the physician addresses and documents a problem-related issue (i.e. hypertension, depression, diabetes, pain, acne, etc.), you may also receive an office visit charge as well. In addition, your insurance may require you to pay two co-pays for today's visit because of the well-visit and a problem-visit charge on the same day.**

**Some health plans have forced us to schedule the physical on a different day than the well-woman (annual female exam with pap), due to the fact that they will not pay for both on the same day. Please be assured that we understand that this is not convenient for our patients. We are sorry for the inconvenience.**

**Lastly, the physician assigns codes according to the services he/she provides. The doctor cannot alter the coding submitted to your insurance in order for your insurance carrier to make payment.**

**If you have any questions, please contact our billing department.**

# What to Expect at your Annual Well-Women Exam

## Important Notice

The intent of the annual well-women visit is for routine health maintenance. The assumption is that you do not have specific medical problems or conditions. If you wish to discuss additional issues, please let the receptionist know when you schedule your appointment, so they can schedule additional time for this discussion.

If you discuss a problem-oriented issue with your doctor (e.g., depression/anxiety medication or concerns, sleeping problems, hot flashes, etc.), you or your insurance may be billed separately and in addition to your well-women visit since problem-oriented visits usually necessitate a separate office visit. In this case, your insurance company may apply a co-pay, co-insurance, or deductible for the problem-oriented portion of your visit. Please review your insurance coverage for information on what is covered as part of your visit.

Parts of a normal annual well-women exam include the following:

### Overall assessment of:

- Health Status
- Menstrual/contraceptive status
- Physical Activity
- Sexual practices
- Tobacco, alcohol and drug use
- The need for periodic health screening tests
- Discussion of **appropriate** medication refills

### Gynecologic-oriented physical exam includes:

- Height, Weight, BMI, Blood pressure
- Abdominal examination
- Breast examination
- Pelvic examination